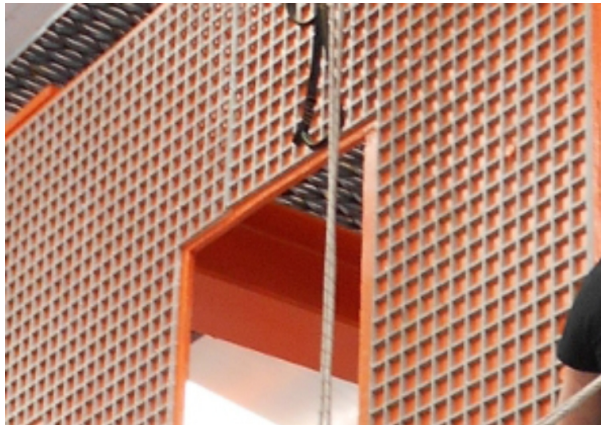


# IRATA LEVEL 1

Applus + is one of the leading industrial, access and safety training companies in Scotland. The Applus + Training Centre in Grangemouth, Central Scotland, has one of the largest training schools in the UK. We are IRATA, IOSH and Quallsafe accredited and our experienced trainers bring a wealth of knowledge and experience to enhance the training experience for all delegates. Bespoke access training courses can also be provided with training being carried out at clients' sites when required. Contact us to discuss your training requirements and arrange and book your course. We provide access training, industrial safety training as well as many other courses • Work at Height Training • Confined Space access training • Rope Rescue Training • Fire Warden Training



## THE Applus+ SOLUTION

Once you've completed 4 days of training in the basics of working safely at height utilizing Rope Access, the final day will be for assessment. These assessments are carried out by an independent IRATA assessor. Don't let the thought of an assessment put you off though!

All Rope Access Technicians are required to complete this, so we'll do our very best to ease your worries and help you to work on any points you feel require special attention.

## Target customers

This IRATA rope access level 1 course introduces the different principles of working at height, the safe systems of work, safety equipment to be utilised and an introduction to the legislation that is in place to protect people working at height.



This encompasses ascending, descending, transferring from rope to rope, rebelay, deviations and aid climbing.

## Key customer benefits

This is a rope access technician who is able to perform a specified range of rope access tasks

under the supervision of a Level 3 rope access safety supervisor. He/she is:

- a) able to understand and follow the rope access procedures, method statements and associated risk assessments
- b) responsible for pre-use checks of his/her own rope access equipment
- c) able to assist in rigging and other operations, under the guidance of a higher grade;
- d) able to undertake a simple rescue in descent, and assist in rescue operations.

NOTE While in the process of being trained to Level 1, a person is considered to be a trainee.

Assessments are carried out by an independent IRATA assessor.