

Health and Safety Awareness

Applus + is one of the leading industrial, access and safety training companies in Scotland. The Applus + Training Centre in Grangemouth, Central Scotland, has one of the largest training schools in the UK. We are IRATA, IOSH and Quallsafe accredited and our experienced trainers bring a wealth of knowledge and experience to enhance the training experience for all delegates. Bespoke access training courses can also be provided with training being carried out at clients' sites when required. Contact us to discuss your training requirements and arrange and book your course. We provide access training, industrial safety training as well as many other courses • Work at Height Training • Confined Space access training • Rope Rescue Training • Fire Warden Training



Target customers

This Health and Safety Awareness in the Workplace Course is designed for all members of staff. The course introduces the candidate to many aspects of the Health and Safety at Work Act and is intended to help raise safety standards and awareness. By the end of the course delegates will know how to manage safety effectively.

Key customer benefits

Delegates will cover the following course content:

- Introduction and Objectives
- Activity 1 – Hazard Spotting

- Causes of accidents and ill health
- Employee's and Employer's responsibilities
- Risk Assessments
- Activity 2 – Risk Assessment
- Manual Handling
- Reporting Injuries, Diseases and Dangerous Occurrences
- Provision and use of Workplace Equipment
- Display Screen Equipment
- First Aid
- Personal Protective Equipment
- Control of Substances Hazardous to Health (COSHH)
- Workplace (Health, Safety and Welfare) Regulations
- Fire Safety
- Electrical Safety