

Confined Space Training Low and medium Risk Environments

Applus + is one of the leading industrial, access and safety training companies in Scotland. The Applus + Training Centre in Grangemouth, Central Scotland, has one of the largest training schools in the UK. We are IRATA, IOSH and Quasafe accredited and our experienced trainers bring a wealth of knowledge and experience to enhance the training experience for all delegates. Bespoke access training courses can also be provided with training being carried out at clients' sites when required. Contact us to discuss your training requirements and arrange and book your course. We provide access training, industrial safety training as well as many other courses • Work at Height Training • Confined Space access training • Rope Rescue Training • Fire Warden Training



Target customers

All delegates will gain practical skills in a realistic environment whilst gaining knowledge and understanding on:

- how to prepare to work, enter and exit confined spaces safely;
- prepare and use appropriate respiratory protective equipment (RPE) for working and escape purposes;
- use equipment and tools safely;
- follow procedures and deal with emergencies;

The course is assessed by direct observation of an entry into a medium risk confined space.